

# Portishead Ladies Bowls Club

## Uniform Guidance for new members

On joining PLBC all ladies are expected to abide by our uniform rules as stated in our constitution.

For new members it may be confusing hearing greys and whites mentioned in relation to uniform. Hopefully these notes will help you understand what is being referred to.

**Greys** - preferably 'regulation grey' (think school uniform) mid to dark grey. This means you can wear grey trousers, crops, skirt or knee length shorts. Please note – NO jeans.

**Whites** – as above, again please note – NO jeans

The right hand column of your fixture card will tell you whether you need to wear greys or whites, the majority of matches are played in whites, but the odd one or two 'grey' occasions can catch you out, so it is always best to check your card if unsure.

Now we have sorted out your 'lower' half, what to wear on the upper half?  
The majority of the time it is club shirts, worn with the club jacket when arriving for matches.

There are exceptions, **club mornings and roll ups**, you can wear your club shirts or a plain white shirt. If wearing a white shirt, it must have a collar and sleeves.

**Club mornings** – greys, club or white shirt

**Roll ups** – greys, club or white shirt

**Competitions** – ( up to and including semi final level) greys and club shirt  
**Please note** - markers should also be wearing greys and a club shirt

**Special competition days** – greys and club shirts

**Final's day** – whites and club shirts for both competitors and markers

**Captain and President's Day** – whites, club shirts and jackets

Lastly, when on the green **flat soled shoes** must be worn at all times, preferably shoes specifically made for bowling. **You must change your shoes on arrival.** It is **not** permitted to play wearing the shoes you arrive in as there is no control over what you might bring on to the green on the soles of shoes worn elsewhere.

*The rule about shoes might seem draconian to new members but a few years ago we had an outbreak of a fungal disease, 'dollar spot', on the top green. No one had any idea where it had come from, but it made most of the green unplayable for that season and cost £1,000s to remedy and was a timely reminder to all to be vigilant about changing their shoes.*